Vision Montessori

May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges	Hawaiian Turkey Meatballs 3 ea over Whole Grain Rice ¼ c Sweet Baby Peas ¼ c Veggie: Veggie Balls Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Whole Grain Chicken & Cheese Quesadilla 1 ea California Blend Mixed Vegetables ¼ c Veggie: Cheese Quesadilla Fresh or Chilled Fruit
6	7	8	9	10
"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Southern Mini Whole Grain Turkey Corn Dog Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c California Blend Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Breaded Chicken Patty Whole Grain Bun 1 ea Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Morningstar Garden Burger on Bun; Fresh Fruit	Chicken Fajita Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese; Two Way Mixed Vegetables ¼ c Veggie: Refried Beans & Rice Fruit or Chilled Fruit
13	14	15	16	17
Yum Turkey Hot Dog on a Whole Grain Bun 1 ea Hot Cooked Broccoli ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea w/ Gravy over Creamy Mashed Potatoes ¼ c; Fresh Tossed Mixed Salad ¼ c w/ Ranch Dressing; Veggie: Veggie Balls w/ Potatoes; Fresh Fruit	House Made Creamy Chicken Penne Alfredo ½ c Sweet Baby Peas ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Hot Diced Carrots ¼ c Veggie: Italian Ball Sub w/ Mozzarella Cheese Fresh or Chilled Fruit	Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c California Blend Mixed Vegetables ¼ c Veggie: Cheese Pasta Fresh or Chilled Fruit
20	21	22	23	24
Whole Grain Breaded Chicken Tenders 3 ea Fresh Green Beans ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Chicken Fajita Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese; Fresh Tossed Mixed Salad ¼ c w/ Ranch Dressing; Veggie: Refried Beans & Rice; Fruit or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Teriyaki Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Teriyaki Chik Strips Fresh or Chilled Fruit	Italian Cavatappi Pasta w/ Vegetarian Meatless Crumble Sauce ½ c Fresh Green Beans ¼ c Veggie: Cavatappi Fresh or Chilled Fruit
27	28	29	30	31
Memorial Day Holiday School Closed to Students	Breaded Chicken Patty Whole Grain Bun 1 ea Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Morningstar Garden Burger; Fresh or Chilled Fruit	Whole Grain Breaded Chicken Nuggets 4 ea Hot Carrot Coins ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit..	Hawaiian Turkey Meatballs 3 ea over Whole Grain Rice ¼ c Sweet Baby Peas ¼ c Veggie: Veggie Balls Fresh or Chilled Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c California Blend Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit