Vision Montessori

August 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges		All lunches conform to ½ oz whole grain requirements. All lunches served with age appropriate milk.	Hawaiian Turkey Meatballs 3 ea over Enriched Whole Grain Rice ¼ c; Two Way Mixed Diced Carrot & Peas Veggies ¼ c Veggie: Veggie Balls w/ Rice Fresh or Chilled Fruit
4	5	6	7	8
Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Mozzarella Cheese Hot Green Beans ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Whole Grain Breaded Chicken Patty on Whole Grain Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Garden Burger Fresh or Chilled Fruit	Korean BBQ Chicken Strips 2 oz w/ Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Korean BBQ Chik Strips Fresh or Chilled Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c California Blend Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Southern Mini Whole Grain Turkey Corn Dog Nuggets 4 ea Two Way Mixed Diced Carrots & Corn Vegetables ¼ c Veggie: Morningstar Chik Nuggets; Fresh Fruit
11	12	13	14	15
Whole Grain Chicken & Cheddar Cheese Quesadilla 1ea Hot Cooked Broccoli ¼ c Veggie: Cheddar Cheese Quesadilla Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Chicken Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Garlic Butter Sauce Rainbow Tortellini Pasta Blend Topped w/ Parmesan Cheese ½ c Hot Mixed Vegetables ¼ c Veggie: Garlic Butter Sauce Rainbow Tortellini; Fresh Fruit	Chicken Fajita Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese Sweet Yellow Corn ¼ c Veggie: Refried Beans & Rice Fruit or Chilled Fruit	Whole Grain Breaded Chicken Tenders 3 ea Sliced Carrot Coins ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit
18	19	20	21	22
Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Sweet Baby Peas ¼ c Veggie: Veggie Balls w/ Potatoes Fresh or Chilled Fruit	Italian Whole Grain Cavatappi Pasta w/ Vegetarian Meatless Sauce ½ c; California Blend Mixed Vegetables ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Sliced Roasted Turkey & American Cheese on Whole Grain Sub Roll Hot Cooked Broccoli ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce Fresh Tossed Mixed Salad ¼ c w/ Ranch Dressing; Veggie: BYO Pizza; Fresh or Chilled Fruit	House Made Creamy Chicken Whole Grain Penne Alfredo ½ c Hot Green Beans ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit
25	26	27	28	29
Teriyaki Glazed Turkey Meatballs 3 ea w/ Enriched Whole Grain Rice ¼ c; California Blend Mixed Vegetables ¼ c Veggie: Veggie Teriyaki Chik Balls; Fresh or Chilled Fruit	Whole Grain Breaded Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Mozzarella Cheese Hot Green Beans ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit .	"Breakfast For Lunch" Buttermilk Waffles 2 ea w/ Syrup Chicken Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Whole Grain Breaded Chicken Patty on Whole Grain Bun 1 ea Sweet Baby Peas ¼ c Veggie: Morningstar Garden Burger Fresh or Chilled Fruit